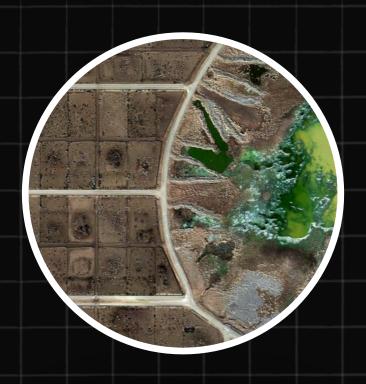


# Mental Health & Wellbeing in Augusta-Margaret River

11 November 2019



# Frames for Mental Health

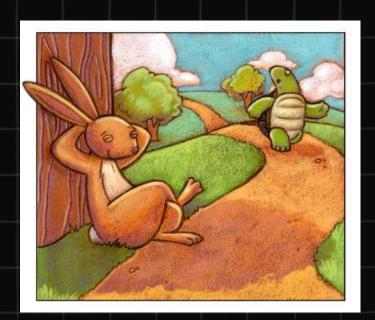
**Stuart Hicks** 

## **Guilt & Anxiety Trauma** Big & Very Broad Grief **Domestic & family Sexuality Alcohol & Other Drugs Eating Disorders Depression** Suicide Self harm Etc

# **Chronic & Not**

#### Front & Back

- Early treatment
- Post-event follow-up



# Prevention & Cure



## Far and Near



# Stereotypes





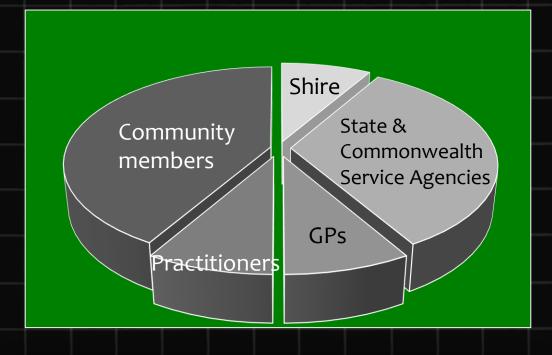
# **A Community Alliance**

## Ongoing process

- Structure and scope
- Driving partnerships with agencies
- Recruiting community
- Developing consensus on the purpose & way forward
- Resourcing & momentum
- Beware precipitousness



#### **A Community Alliance**



**Executive Officer** 

**Community Taskforce** 

#### Needs

A priority for action



- Business Plan
- **18-month focus**
- Executive Officer
- Sustained collaboration
- Engagement
- Research-based



#### **Research Base**

Diane Ritson

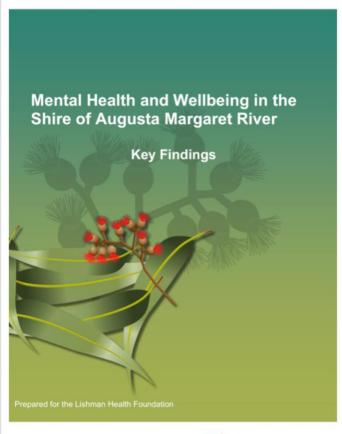
# Background

Building an opportunity



#### Lishman Health Foundation Review

**Four Focus Areas** 





#### 1. Access

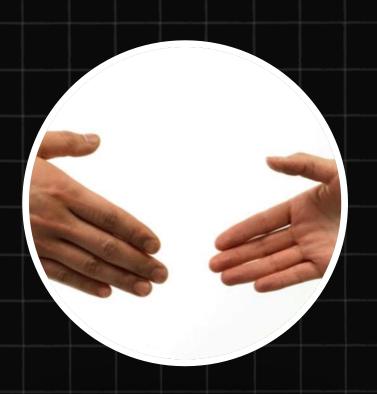


# 2. Knowledge





# 4. Collaboration





#### The Role of the Shire

**Stacey Hutt** 

# **Emergency Response**





# Capacity building & partnerships







